



TELUNAS

— S P A —

BODY MESSAGES

Telunas Massage – Restful Indulgence

Our signature massage to help guests transition to island life. Focusing on gentle long strokes and your body's pressure points to provide relaxation and renewed energy.

Balinese Massage – Classic Flavour

Adapted from ancient Balinese techniques. This deep tissue massages relieve body tension and promote better sleeping patterns.

Fusion Massage – Cuisine For The Soul

Blending Thai and Swedish massage techniques to soothe all aches. Unblocks stiffness and enhances flexibility.

Aromatherapy Massage – Natural Soothing

A body massage with select natural oils. Helpful for rejuvenating the skin, relieving tension and stress, clearing the mind, and aiding blood circulation.

60 minute IDR 600.000 ++

90 minute IDR 800.000 ++

*Cash tips are welcomed for our spa staff
15% government tax and 8% service charge will be added to your bill
Please note that massage offerings are subject to availability*



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LIGHT TREATMENTS

Back Energy – Iron Out Tense Muscles

Iron out aches and tension in the back with this medium to strong pressure massage.

30 minute IDR 375.000 ++

Foot Loose – Sole to Soul

Massage technique focusing on pressure points in the feet. Provides relief and improves general health by relieving tension in important pressure points.

30 minute IDR 375.000 ++

60 minute IDR 500.000 ++

30 Minute Salt Body Scrub IDR 350.000 ++

30 Minute Milk Body Mask IDR 450.000 ++

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FACIAL TREATMENT

Simple Beauty – Skin Restoration

Begins with facial cleansing followed by a simple exfoliation to remove the impurities. Your therapist will gently massage your face utilizing the natural health properties of honey. Afterwards, a milk mask will be applied to moisten the skin.

60 minute IDR 675.000 ++

Clear Headed - Head & Face Massage

Clear your mind with this treatment to relax and remove fatigue caused by mental stress.

30 minute IDR 400.000 ++

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BODY TREATMENT PACKAGES

Telunas Body Ritual – Rejuvenate Your Body (2 hours)

Soften and brighten your skin through a milk body treatment. Milk will naturally nourish and moisten your skin. Aids in recovery from sunburn.

Includes:

Balinese Massage

Salt Body Scrub ..

Milk Body Mask .

IDR 1.200.000 ++

Mineral Body Treatment – Glowing And Smooth (1.5 hours)

Sea salt rich in trace minerals helps to exfoliate the top layers of dead skin. This is followed by a gentle long stroke massage that leaves your skin glowing and smooth.

Includes:

Salt body scrub

Aromatherapy massage

IDR 850.000 ++

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PREGNANCY MASSAGE

Enjoy relief from tension during pregnancy with our pregnancy massage therapy. A gentle full body massage with sweet almond oil or grapeseed oil. Recommended for pregnancies between 4 to 7 months.

60 minute IDR 650.000 ++

KIDS MASSAGE (5 -15 YEARS OLD)

A gentle gliding stroke is applied to the body with your choice of essential oils to loosen muscles.

Note: Kids massage is only available by advanced booking and is provided exclusively in the guest villas.

30 minute IDR 250.000 ++

60 minute IDR 450.000 ++

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